



WEEKLY MENU PLAN 1

Menu could change at short notice if circumstances dictate.
 Alternatives will be provided for children with specific dietary requirements.
 An allergen list is available on request.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Fish Day	Twist up Tuesday	Mince Day	Meat Free Day	Chicken Day
Starter	Platter selection of vegetables (Produce will vary depending on seasonal availability)				
Main	Fish cakes with potatoes and vegetables	Jacket potatoes with a choice of fillings; tuna, cheese or beans.	Spaghetti Bolognese with Vegetarian alternative	Vegetable Noodles	Breaded Chicken or vegetarian escalope with Vegetable rice
Pudding	An assortment of fruit based puddings				