



Autumn Term 2022- 3 WEEKLY MENU



(Just until Oct half term, as this is when HL change their menus and we ensure we do not have the same food as the Schools).

Menu could change at short notice if circumstances dictate.

Alternatives will be provided for children with specific dietary requirements.

Fruit is available at all times

Puddings will be a mix of: tinned fruit, fruit, yoghurt, dried fruit, biscuits, popcorn and jelly

W/C	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 05/09/2022 26/09/2022 17/10/2022	Meatball pasta, sauce, cheese and veg	Breaded chicken fillet, katsu curry sauce, rice, vegetables	Sausage, waffles and beans	Battered/ breaded fillet of fish, chips and peas	Hot dogs, corn on the cob and veg sticks
WEEK 2 12/09/2022 03/10/2022	Sausage rolls or sausages, Beans and waffles	Fish cakes, cous cous/ potatoes and cooked vegetables	Spaghetti bolognaise, cheese and vegetables	Chicken escalope, rice and mixed vegetables	Picnic, rolls with a choice of spreads, crisps and veg
WEEK 3 19/09/2022 10/10/2022	Fish fingers, Pasta and vegetables	Sausage, mash and veg	Chicken curry, and rice	Spaghetti Carbonara, cheese and vegetables	Chicken goujon wrap



Chicken curry, and rice